



## Leadership for Women

Workshop Duration: 2 Days  
Facilitation in English

### Workshop Description

We are living in a wonderful age of opportunity. The time is right for women to step into the leadership spotlight. Previously contexts of leadership were male dominated and didn't celebrate women's strengths in gender equitable work environments. All that is changing.

Today's workplace is demanding a new, more empowering and intuitive type of leadership, one that takes the needs of people into consideration and draws on women's natural strengths and abilities as relationship builders, problem solvers, communicators and caretakers.

This workshop will teach you how to identify and hone your leadership skills, to enhance your effectiveness and influence and to build quality relationships both personally and professionally.

### Who Should Attend

This course is of benefit to anyone currently functioning in a leadership role or anyone wishing to step into a leadership role. It is also of benefit to anyone working in a team setting who wants to learn how to lead and motivate others.

### What You Will Learn

- How to lead with authenticity, how to clarify your personal values and recognize how you fit within your particular organizational culture.
- How to build and strengthen your leadership network.
- Strategies for using power and influence more effectively.
- How to make smart choices for investment of personal energy based on trade-offs and rewards.
- How to honestly evaluate your personal leadership strengths and development needs
- How to tap into and trust your leadership intuition
- How to assess your leadership competencies and learn how you can develop your strengths
- How to identify those additional skills and tools that can make you a better leader
- How to develop your ability to communicate with and influence others
- How to become a better problem-solver and decision-maker

### What You Will Cover

- Theories of leadership
- Situational leadership - which style to use and when
- The art of delegation



### What You Will Cover (cont'd)

- Motivating others to be their best
- Leadership profile and competencies to highlight your strengths and challenges
- Strategies for influencing others through improved communication and interaction
- Dealing with difficult people and dynamics
- How to plan strategically keeping the end destination in sight
- Effective ways to manage change
- How to run productive meetings
- Critical problem-solving tools and techniques