



The Enneagram for Leadership, Communication and Engagement

Workshop Duration: 2 Days

Facilitation in English

Workshop Description

Would you like to improve your performance as a leader? Build and motivate an effective team? Influence and engage others?

This interactive workshop will introduce you to the Enneagram, a powerful and practical tool to help you enhance your potential, improve communications with colleagues and your ability to facilitate lasting change in the workplace.

It takes more than hard work and talent to succeed; more than ever, emotional intelligence and good interpersonal skills are needed to facilitate work and foster a healthy work environment.

A growing number of organizations (such as Walt Disney Company, the CIA, Sun Microsystems) and business programs from universities like Stanford, Antioch and UCLA, are incorporating the Enneagram into their culture and programs to quickly and efficiently up their employees' EQ and improve their performance.

The Enneagram is a powerful and practical tool that delineates 9 different personality types or ways of experiencing the world, each with its own strengths and challenges, cognitive, emotional and behavioural patterns, preferred ways of working, leadership styles, and responses to conflict. What makes the Enneagram different is that it describes not only the outward styles of communication and behaviour but also underlying (and often subconscious) motivations- priorities, values, beliefs; in short, why each type thinks and acts the way they do. In addition, the Enneagram provides areas for growth for each of the types.

Learning these dynamics will promote a deeper understanding of ourselves and others, assist you in your personal and professional growth and help you to engage and empower others.

The Enneagram for Leadership, Communication and Engagement is a fun, informative, and interactive 2 day workshop using presentations, exercises, group discussion and multi-media from the world of music, art, and film to introduce the 9 different Enneatypes.

Who Should Attend

This workshop is for anyone who would like to develop their capacity to lead and work collaboratively with others.



What You Will Learn

- The 9 personality styles (strengths and challenges) and how they show up in the workplace.
- The key strategies underlying the mental, emotional and behaviour habits of each type – including the overused strategy, the supporting strategy and the neglected strategy
- Communication style of each type
- The Leadership style of each type
- Preferred work environment, ways of contributing to the team, task roles and ways of working of each type
- Motivation of each type – how to engage each type
- Stress & Conflict - triggers, how to deal with each type in conflict

At the end of this workshop, you will be equipped to:

- Resolve interpersonal conflicts and manage your own reactions, especially in stressful situations.
- Be a more flexible communicator (eg give and receive feedback) with increased confidence and capacity to influence and engage others, (especially those who have different styles).
- Accelerate the development of leadership capacity in yourself and others.
- Improve your collaborative and team-building skills.